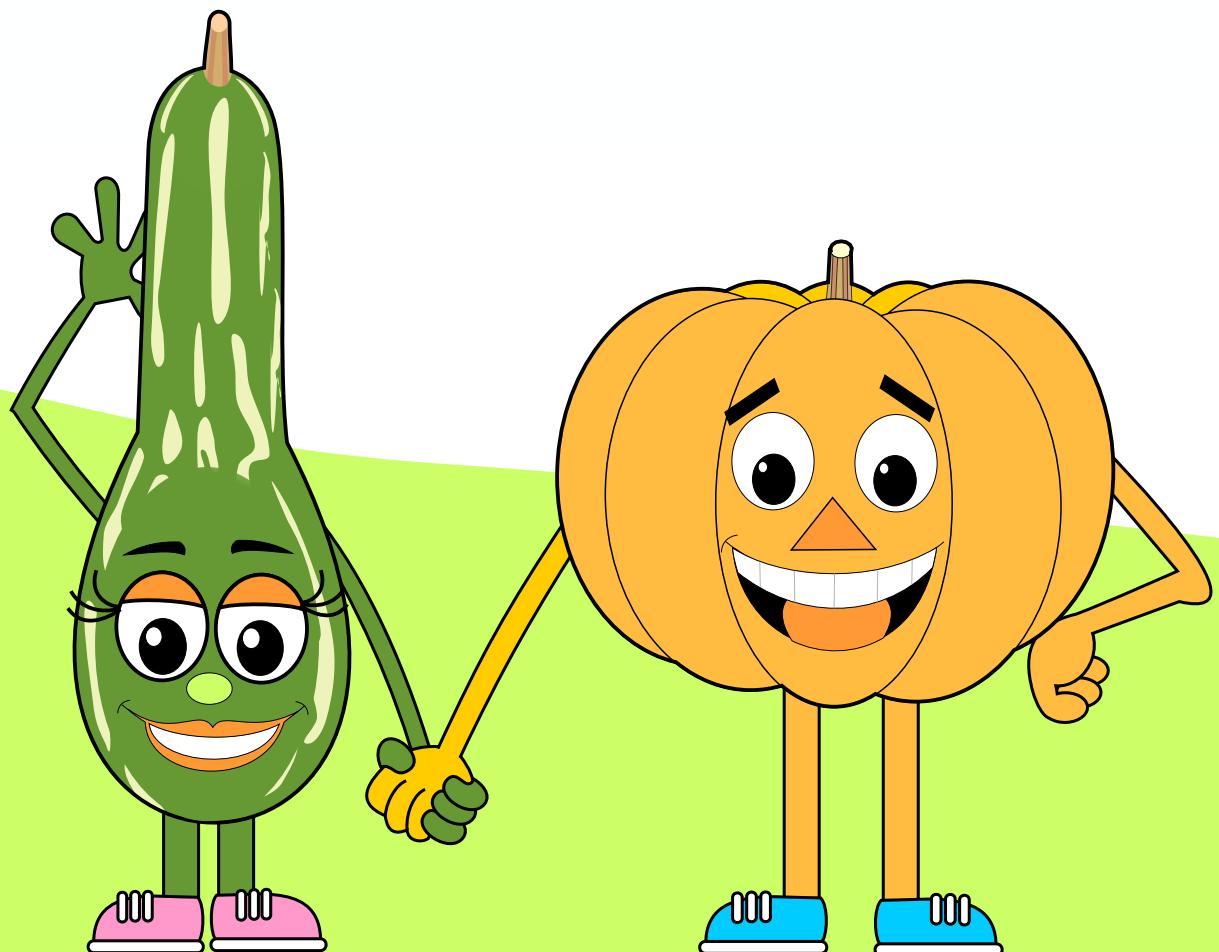


escola do  
**SABOR** APRESENTA

# ABÓBORA



ABÓBORA

**Presidência da CEAGESP**  
Ricardo Augusto Nascimento de Mello Araujo

**SECQH-Seção do Centro de Qualidade Hortigranjeira**  
Gabriel Vicente Bitencourt de Almeida  
Cristina Dini Staliano  
Lisandro Michel Barreiros  
Lilian Uyema Mateus  
Maria Salete de Oliveira Gomes  
Fabiane Mendes da Camara  
Bertoldo Borges Filho

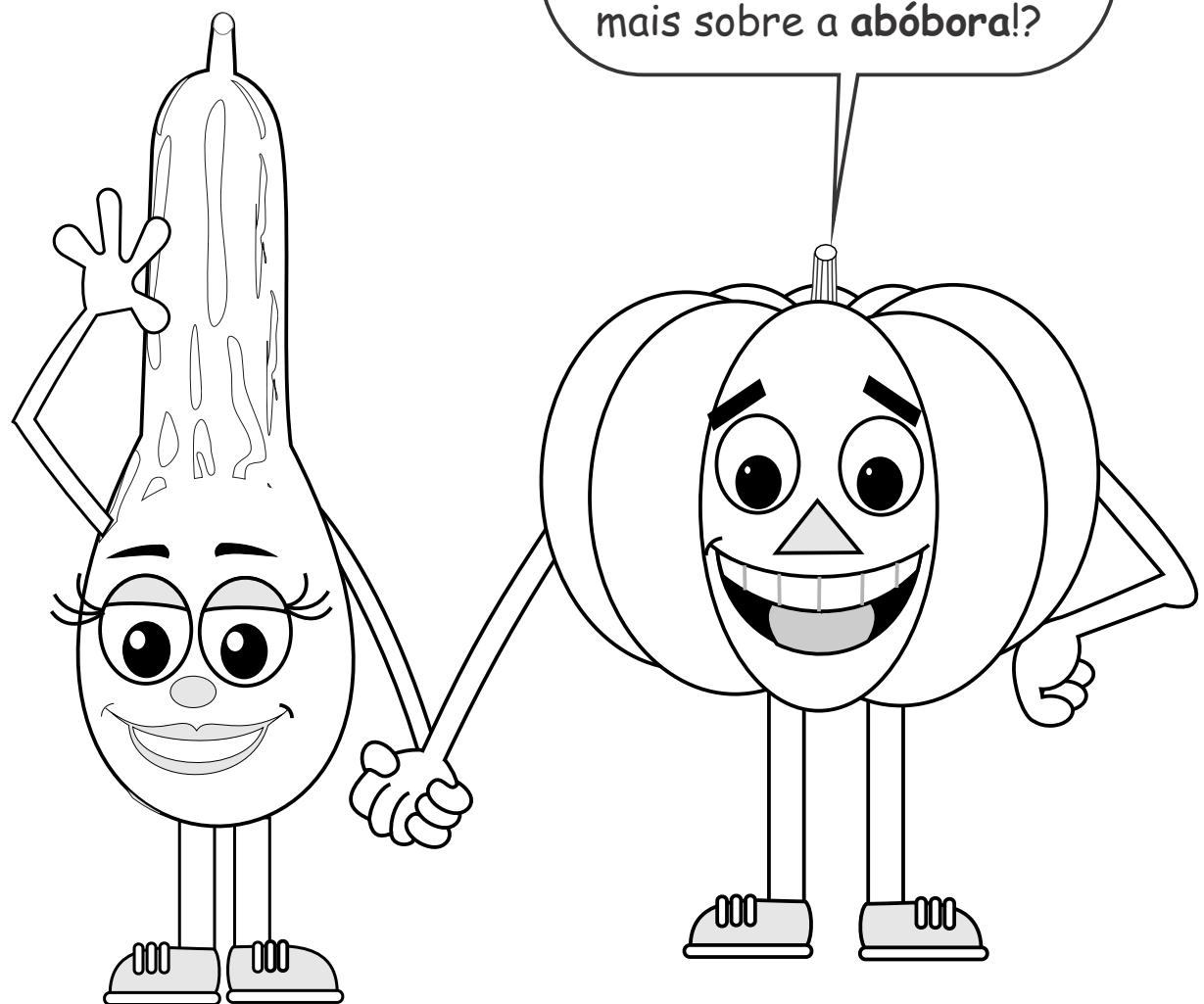
**Autores**  
Fabiane Mendes da Camara  
Cristina Dini Staliano  
Bertoldo Borges Filho

**Ilustração**  
Bertoldo Borges Filho

**Julho/2022**

Olá, amiguinhos!  
Eu sou a Aboborina!

E eu sou o Aboborino!  
Vamos brincar e conhecer  
mais sobre a abóbora!?



ABOBORINHA



A abóbora é um fruto que pertence à família das *Cucurbitáceas*, a mesma de melancia, melão, chuchu e pepino. Acredita-se que ela seja nativa do México e do sul dos EUA, e fazia parte da alimentação das civilizações maia, asteca e inca. No Brasil, as abóboras têm sido cultivadas há muito tempo e já faziam parte da alimentação dos povos indígenas antes da colonização portuguesa.



<https://www.infoescola.com/frutas/abobora/>

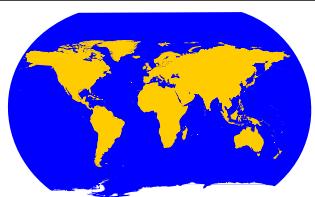
No Brasil, os maiores produtores são os estados de Minas Gerais, Bahia, Rio Grande do sul, Santa Catarina e São Paulo.

Fonte: (IBGE 2017)

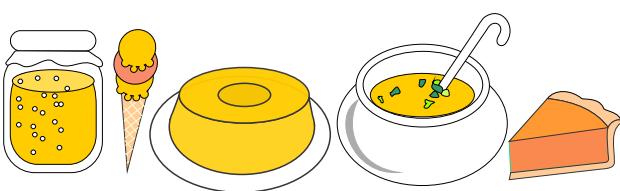


Os países que mais produziram em 2020 foram: China, Índia, Ucrânia, Rússia e EUA.

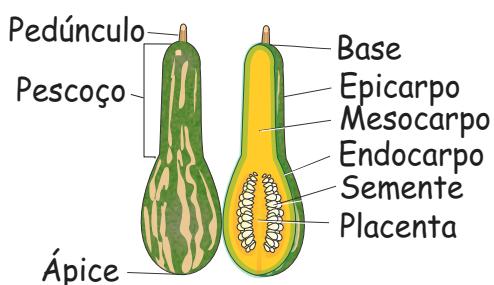
Fonte: (FAO 2020)



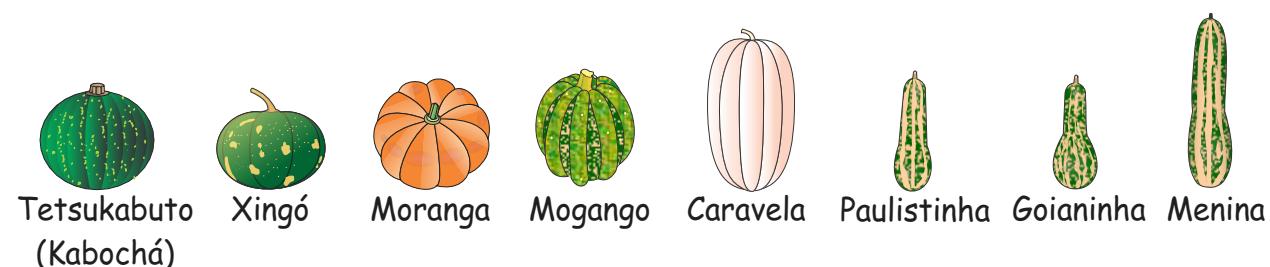
A abóbora é consumida em forma de doce, sorvete, bolo, sopa, torta, além de poder ser recheada com camarão, carne seca e compor uma grande variedade de pratos!



### MORFOLOGIA Conhecendo uma abóbora

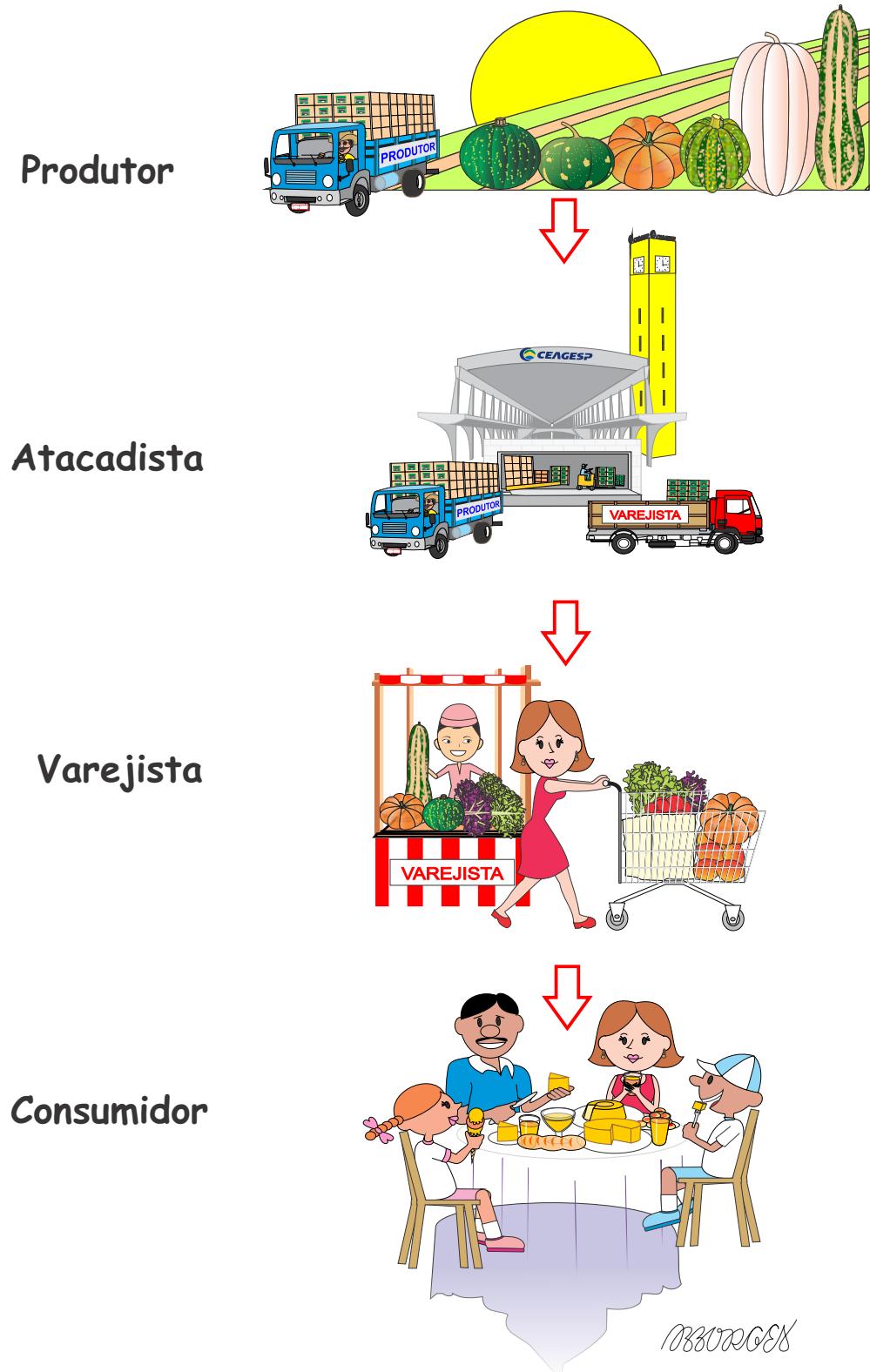


As variedades mais comercializadas na CEAGESP são:



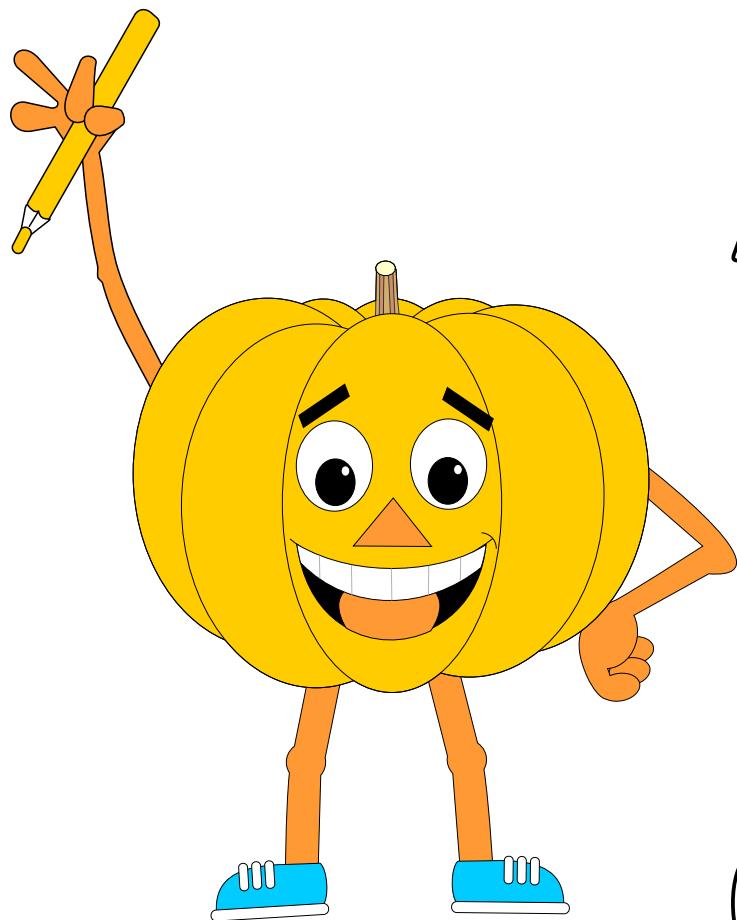
(Fonte):<https://ceagesp.gov.br/wp-content/uploads/2021/02/Variedades-Abóbora.pdf>

# A CAMINHADA DA ABÓBORA



## DIAGRAMA

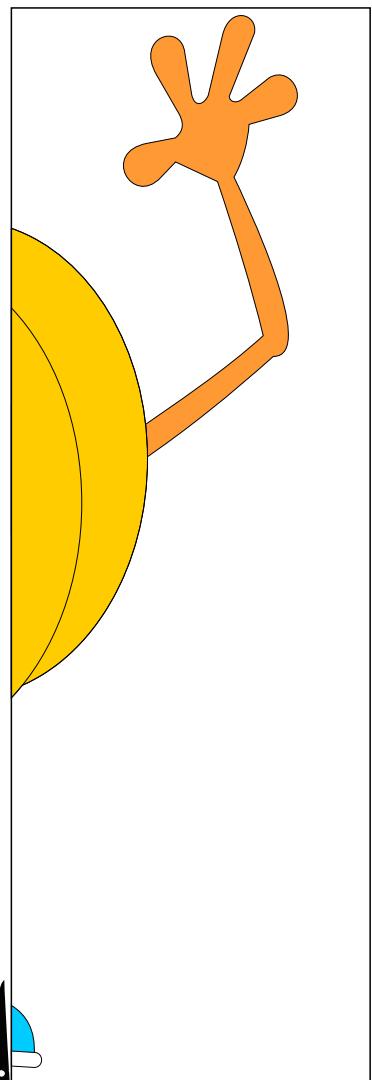
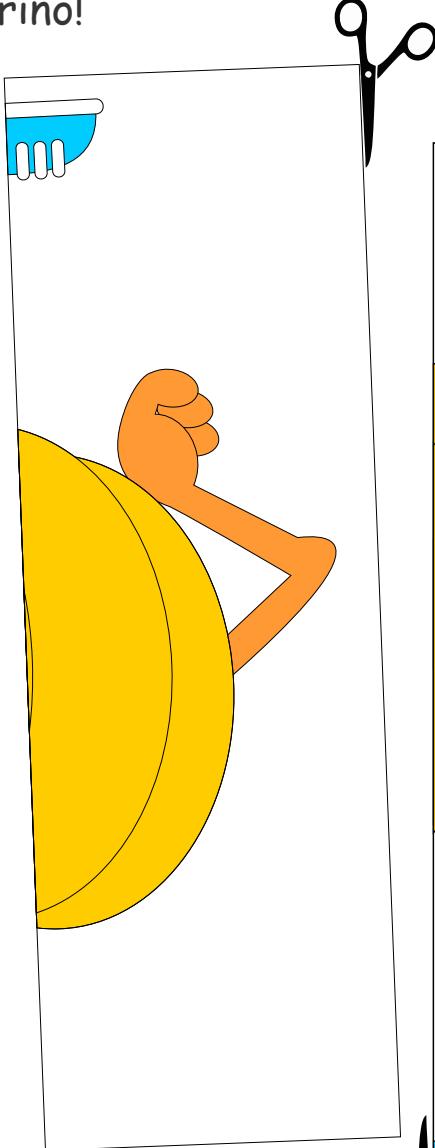
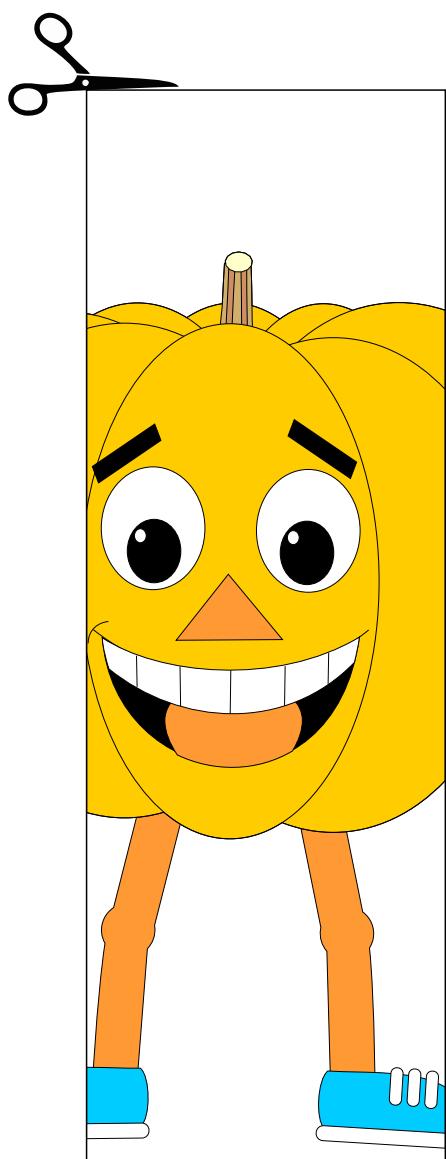
Ajude o Aboborino a colorir as letras que formam a palavra  
**ABÓBORA** no diagrama abaixo!



A	M	O
X	B	Z
U	Y	Ó
F	B	C
O	J	U
I	R	H
N	E	A

## RECORTAR E COLAR

Recorte os 3 retângulos abaixo e cole na próxima página, montando o Aboborino!

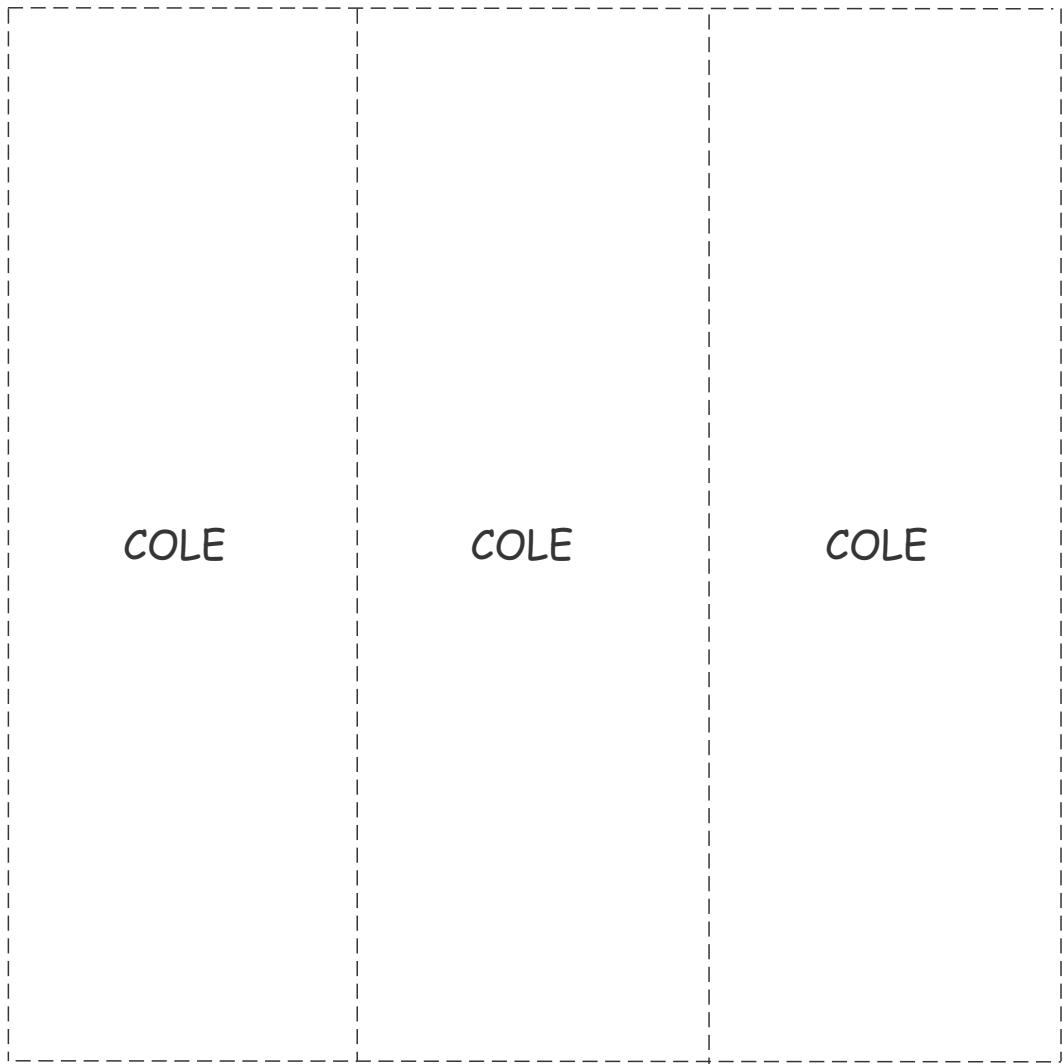
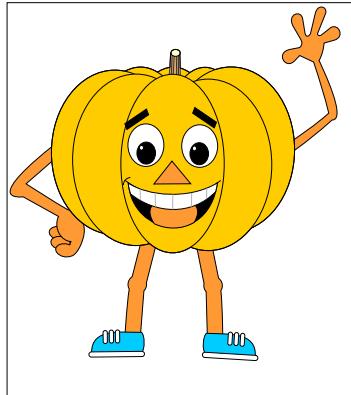


Recortar



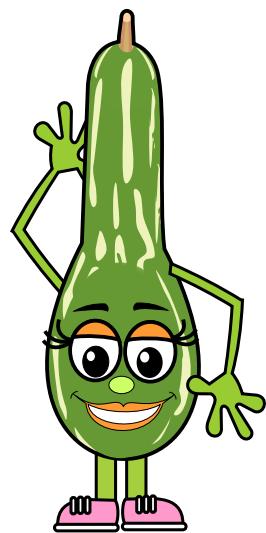
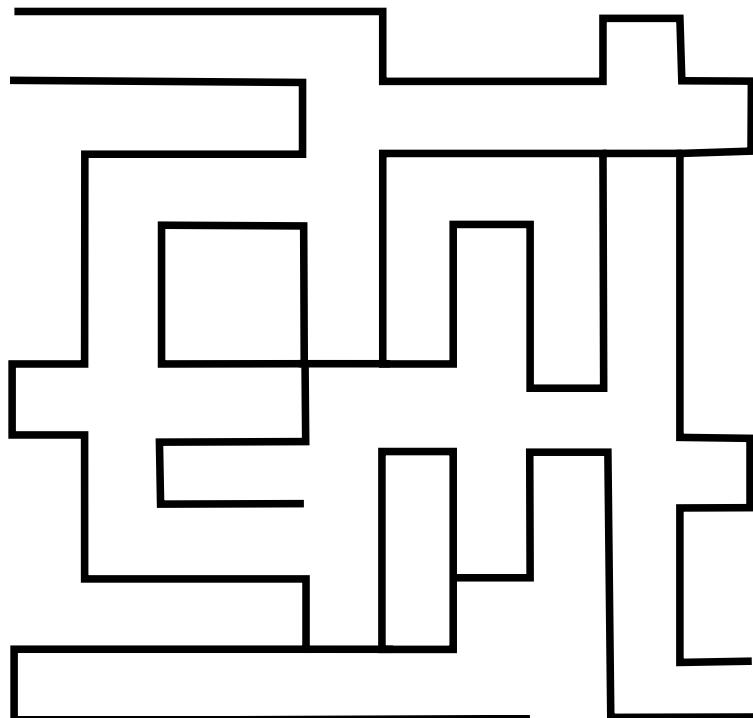
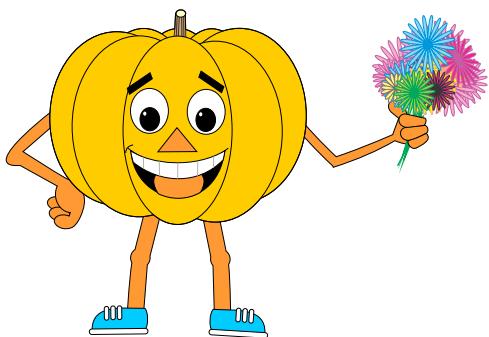
## COLAR

Cole os 3 retângulos recortados da página anterior  
no quadrado abaixo, formando o Aboborino!



## LABIRINTO

Vamos ajudar o Aboborino a levar flores para a Aboborina!



## VAMOS PINTAR

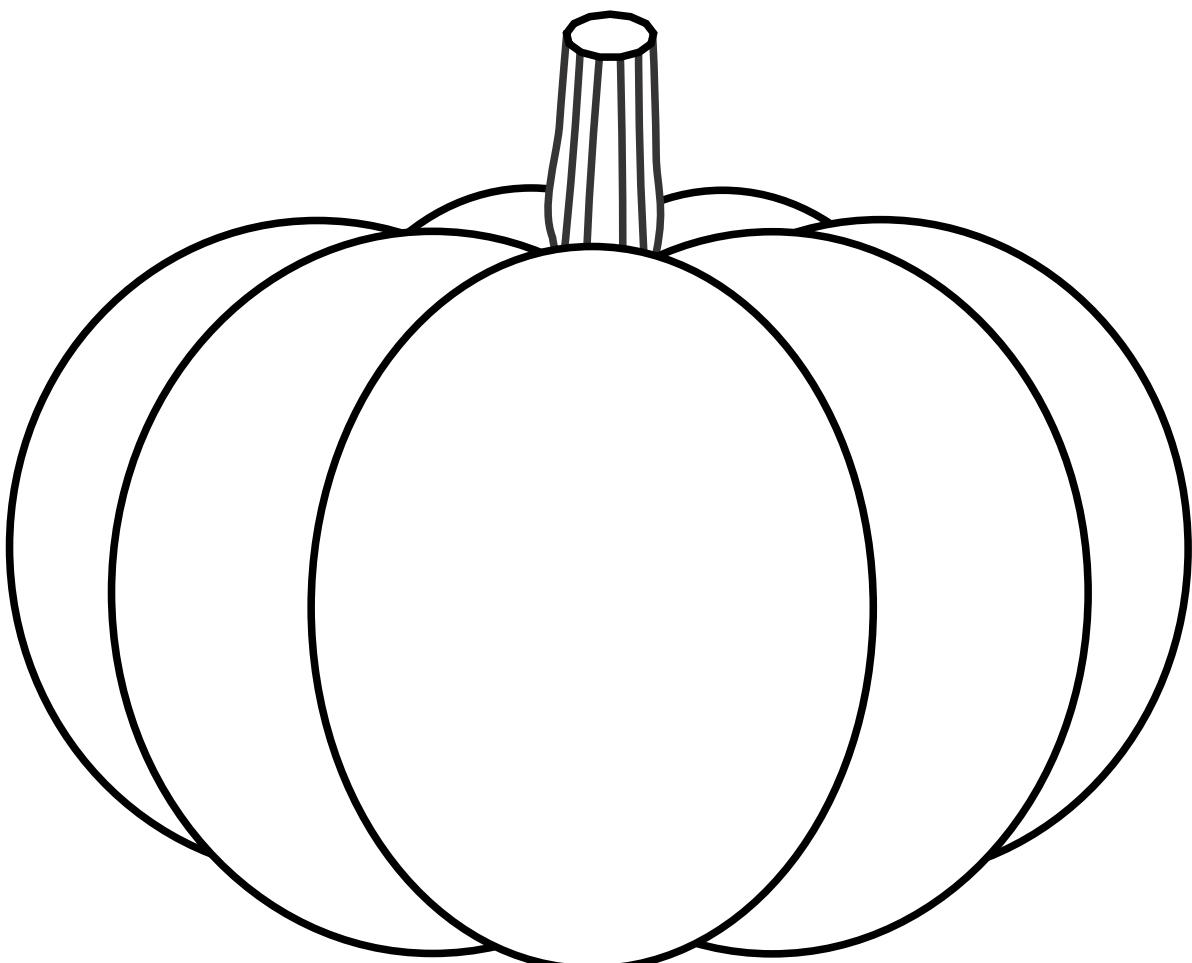
Pinte a máscara e recorte-a nas linhas marcadas com tesourinhas!



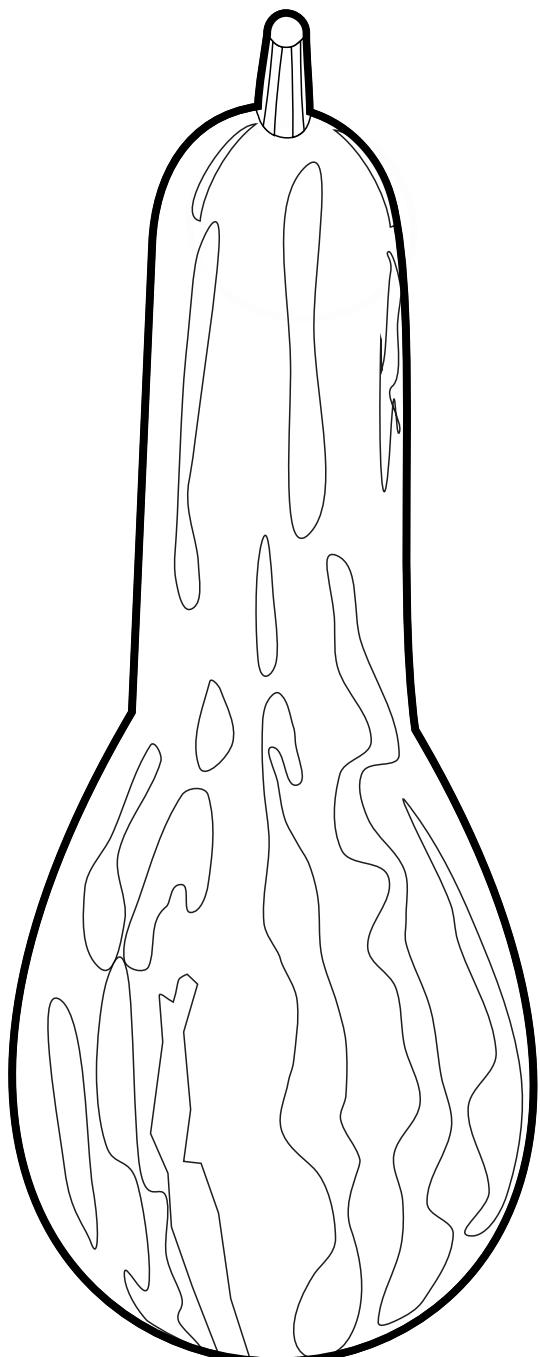
Recortar 



**VAMOS PINTAR**  
Pinte a abóbora moranga!

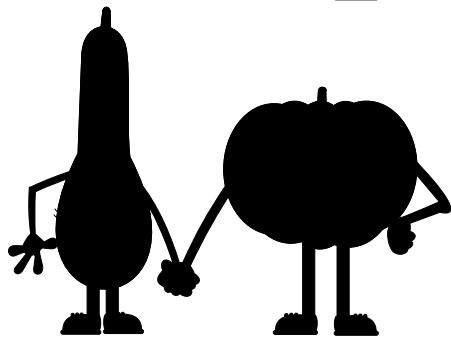
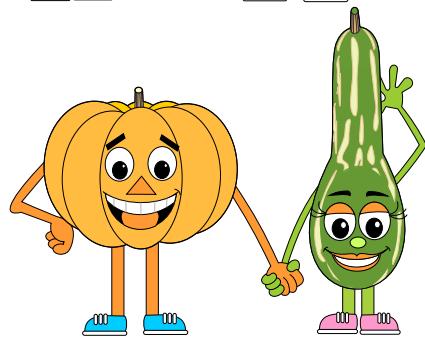
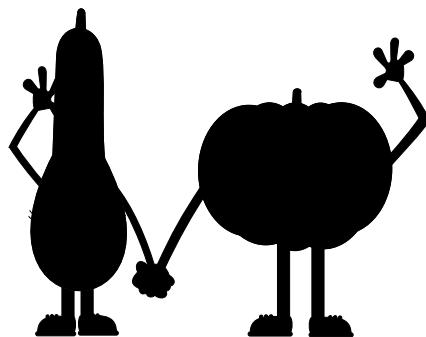
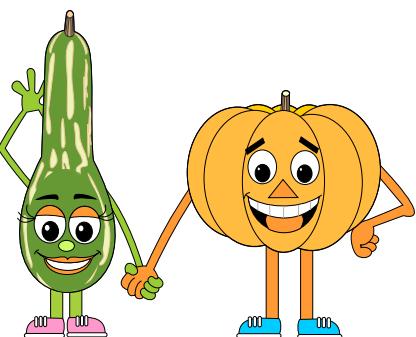
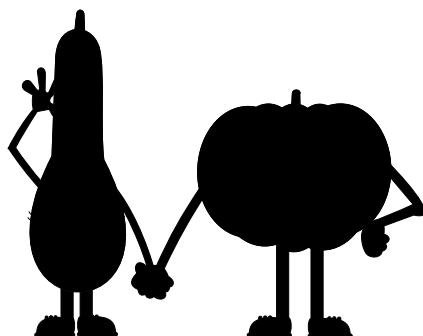
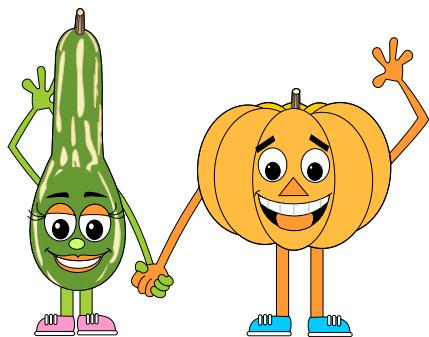
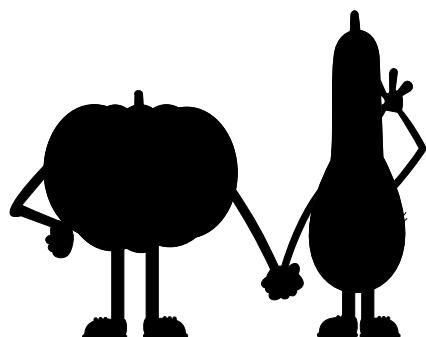
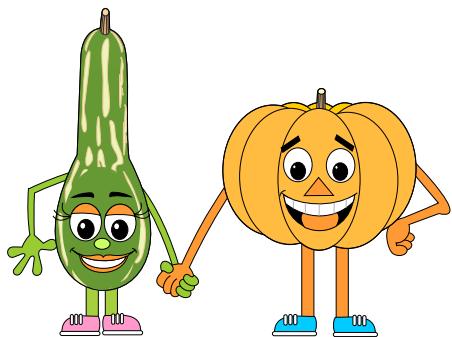


**VAMOS PINTAR**  
Pinte a abóbora goianinha!



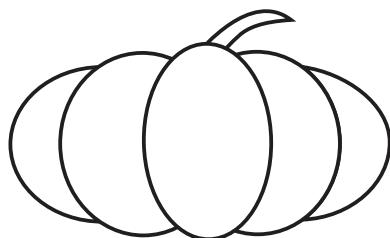
## LIGUE AS SOMBRAS

Ligue com um traço a sombra correspondente a cada desenho da Aboborina e do Aboborino!



## DITADO COLORIDO

Pinte com cores iguais os quadradinhos com as sílabas que formam o nome de cada fruta ou hortaliça abaixo!



ABÓBORA



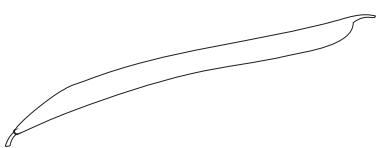
BANANA



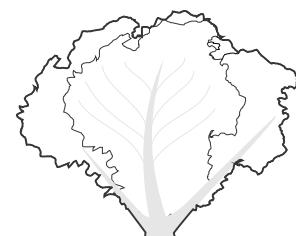
CAQUI



CHUCHU



VAGEM

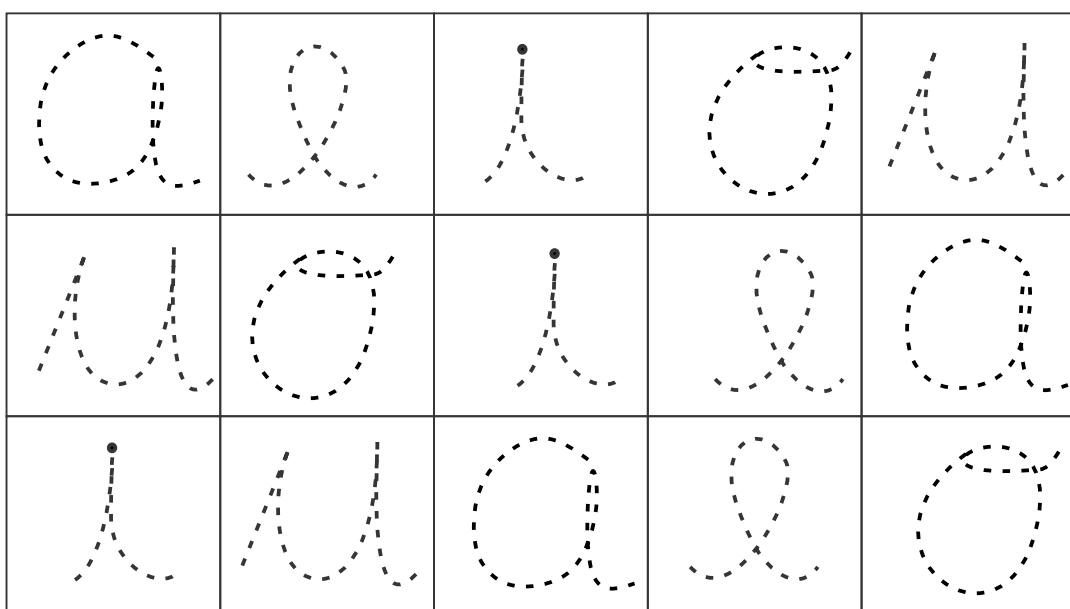
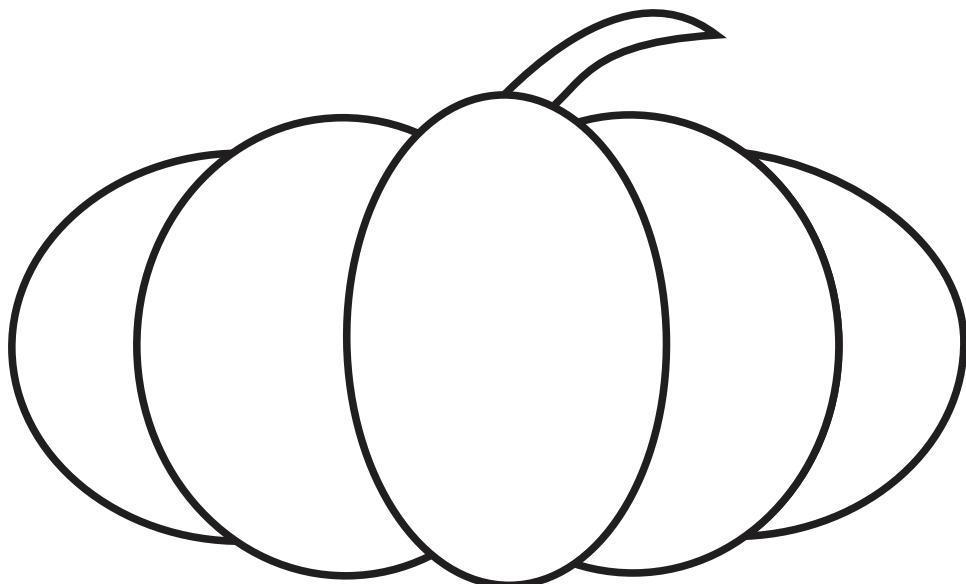


ALFACE

CA	CHU	VA	BA
A	NA	BO	AL
NA	QUI	BO	FA
CHU	GEM	RA	CE

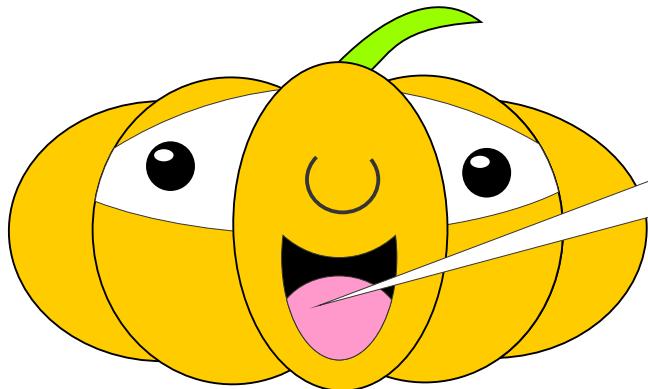
## COLORIR E COMPLETAR

Contorne as vogais pontilhadas e pinte a abóbora  
e os quadradinhos com a letra a.



## CONTORNE AS LETRAS

Contorne as letras A de abóbora pontilhadas nas linhas abaixo e continue escrevendo até completar todas as linhas!



A a a a

A A A A A

a a a a a

a a a a a

a a a a a

## LINGUAGEM DOS SINAIS

Ligue o sinal à letra correspondente  
na palavra **ABÓBORA!**

A

B

C

Ç

D

E

F

G

H

I

J

K

L

A

B

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B

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R

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M

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Q

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S

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U

V

W

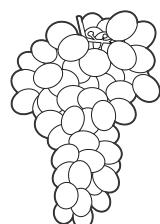
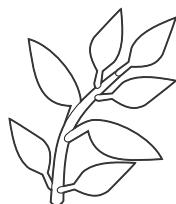
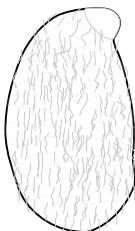
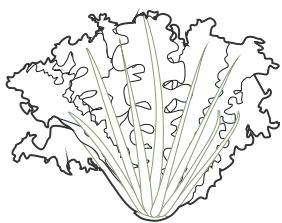
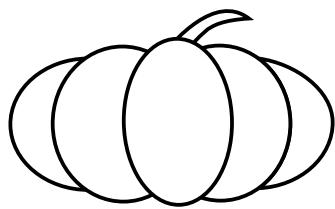
X

Y

Z

## ESCREVENDO AS VOGAIS DAS INICIAIS DE CADA PALAVRA

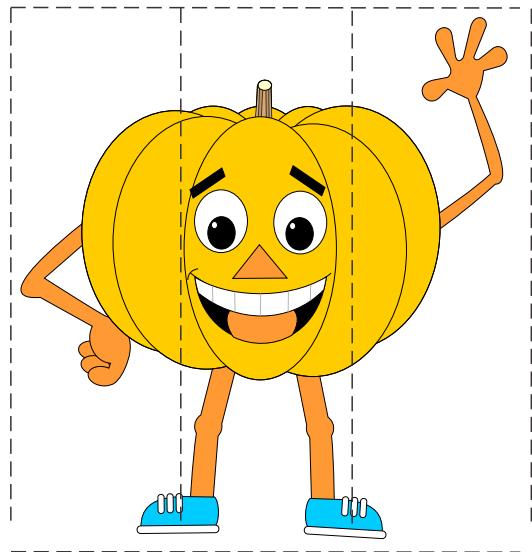
Escreva vogais AEIOU e aeiou.



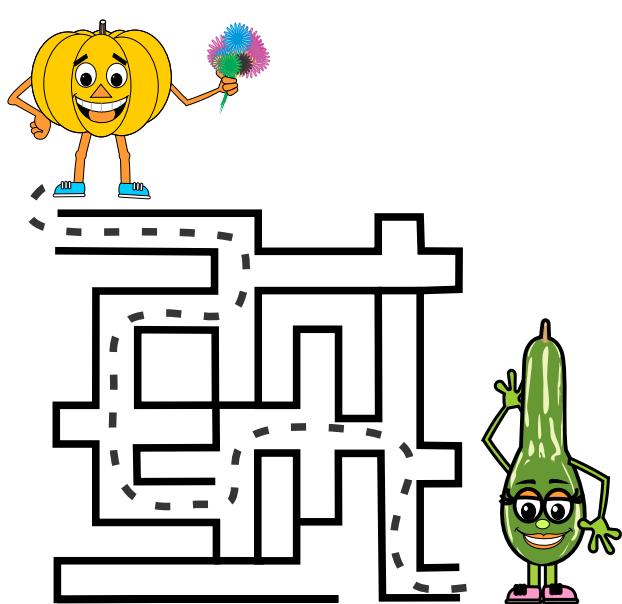
Abóbora	abóbora
a	a
Escarola	escarola
Inhame	inhame
Orégano	orégano
Uva	uva

## RESPOSTAS

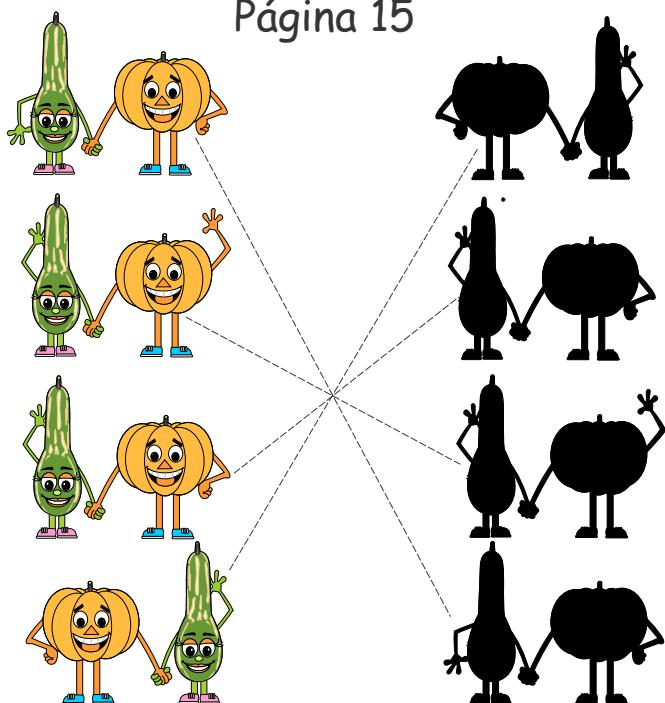
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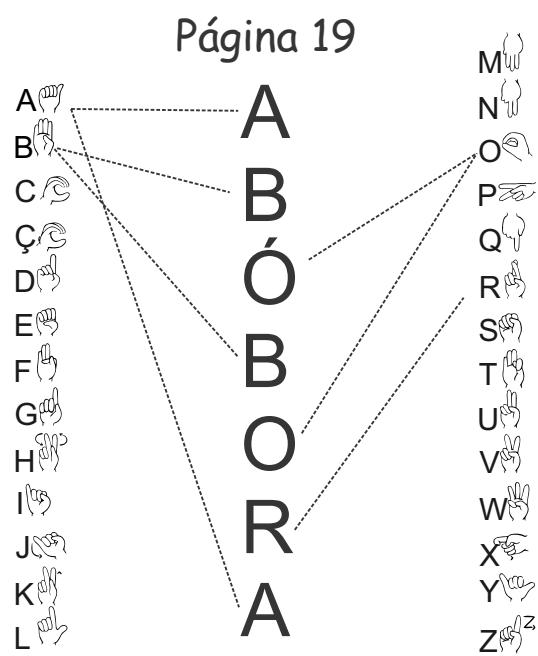
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